

“Before I Go, You Should Know”

Thursday ~ February 2 ~ 10 am to 12 Noon **

Facilitated by Lee Shenton

We don't really want to contemplate our deaths, but it happens - sometimes suddenly and much too soon, at other times it can be foreseen. Whichever way it comes to us, it will help our families if we can leave them the information they need to cope with the practicalities at a time when they are emotionally vulnerable.

This program will help you organize the information your family needs. We will use the Funeral Consumers Alliance kit which includes the booklet, "Before I Go, You Should Know". Write a narrative of your life, leave vital statistics, fill out the Maine Advance Directives; who is your lawyer, your banker or financial advisor, your assets, where your will is and other items you haven't thought about.

Charge: \$5 to cover cost of materials

Registration required. Minimum participants 6.

Registration instructions in on-line brochure

**** Feb 9th snow date - or second session if we choose.**