



Owning Your Religious Past

Wednesdays ~ March 7th 14th 21st 28th ~ 7 to 9 PM

Facilitated by (the Rev.) Kitsy Winthrop

It's been reported that 80-90% of adults who come to our Unitarian Universalist congregations tell us (if we ask) that they grew in another denomination or faith - or none at all. While some folks who come to us feel pretty okay about their past religious experiences, others may speak of feeling spiritually abused or left cold by what they experienced - and prefer not to look back. Historically, UU congregations have not been proactive in helping new, long-time or prospective members address what really is a major religious/spiritual transition - especially not in gently searching to find what, if anything, might still be of value to them today.

This program does just that. Developed decades ago by a lay member of a UU fellowship, "Owning Your Religious Past" has been one of the most powerful adult religious programs Kitsy has ever facilitated - even for herself, born into a UU family.

The first session is open to those who know they want to sign up for this program as well as to those who want to know more about it. Sessions 2-4 will be closed to those who make the commitment to attend every session, as each session builds on the ones preceding.

Minimum of 8 participants to proceed past session 1. 12 maximum.

To register see instructions in the on-line brochure.