

# 2018 FERRY BEACH RETREAT – MAY 4TH, 5TH & 6TH

## What You Need to Know – Read This Before You Arrive!



Welcome! Whether from Auburn UU, Allen Avenue, Norway UU, or an invited guest, we look forward to having you with us. Imagine! A whole weekend to celebrate who we are, our communities and our Unitarian Universalist values together at our beautiful and historic oceanfront Ferry Beach UU Camp and Conference Center in nearby Saco, Maine.



### ▶ **THIS IS A POPULAR RETREAT – RESERVATIONS ARE ON A FIRST COME, FIRST SERVED BASIS!**

We urge you to register early, as it may be impossible to accommodate late registrations. “Space available” basis is dependent upon the date a registration is received. We expect we will again fill the campus this year; so don’t delay!

### **A few important guidelines . . .**

- Parents are responsible for their own children except when in scheduled activities.
- No pets are allowed on the Ferry Beach campus. Service animals are permitted.
- There can be no fires, candles, or smoking in any of the buildings or on porches.
- You *must* stay off the sand dunes and, if at all, swim with a buddy. (Brrrrr!)

**Refund note:** Should you need to cancel & request a refund please do so by Sunday April 23rd.

### **What to Bring . . .** (a check list, some items optional)

- \_\_\_ Bedding or sleeping bags & pillows for single bed & maybe a foam pad. (Memory foam mattresses are on many beds.)
- \_\_\_ Small electric heater or an electric blanket, if you don’t like sleeping in a cool room.
- \_\_\_ Towels, toiletries, hair dryer, medications, first aid kit, etc.
- \_\_\_ Flashlight, nightlight, camera, binoculars, and ear plugs if a light sleeper.
- \_\_\_ Your favorite beverages (alcohol is allowed) and snacks to share. (Please keep them in your own cooler and out of reach of children when not out for consumption).
- \_\_\_ Warm, layered clothing, extra shoes, rain gear (just in case).
- \_\_\_ An act for the Variety Show – under 3 minutes! Only one act per person or per group.
- \_\_\_ Musical instruments, “Rise Up Singing” songbook; board games, small jigsaw puzzles, a good book.
- \_\_\_ Beach wear, sand toys and equipment (for the hearty), kites, hula-hoops, teddy bears.

### **Re Meals . . .** (Catered by our food service and served buffet style)

- Breakfast from 7:30–8:30 a.m.; Lunch from 12:30–1:30 p.m.; and Dinner from 5:30–6:30 p.m.
- Coffee, tea, cereal, fruit, peanut butter & jelly are *always* available.
- We expect a good variety of food and *can accommodate common allergy requests*. However, those concerned that their needs may not be met may bring special food from home. Refrigerator space is available in the dining room – for *other than* alcoholic beverages – please label items with your name.
- We are responsible for cleaning the Dining Hall after each meal but may **not** enter the kitchen.

### **What to expect . . .**

This is a collaborative event: *Retreaters* are expected to assist with clean-up tasks as able. Children are encouraged to join adults to help keep common areas neat and clean. This is one way we build community.

- If you have special needs or questions about the enclosed information, **contact your church coordinators:**

**Allen Avenue:** → Leslie McConnell – call 693-6108 or email lesandted@roadrunner.com  
→ Carol Hayden – call 854-2112 or email cdhayhall@maine.rr.com

**Auburn UU:** → Anne Kinney – call 782-7497 or email akinneyuu@gmail.com  
→ Ron Spofford – call 740-4084 ... (or see at church)

**Norway UU:** → Joan Erler – call 803-2057 or email cjerler@yahoo.com

**All activities are optional!** Come, relax, & savor the essence of Ferry Beach & our church families.

# MAY 4TH, 5TH & 6TH FERRY BEACH RETREAT

## Tentative Schedule & Directions to Ferry Beach

### Friday

5:00 – 7:00 p.m.	<i>In the DeWolfe Dining Hall</i> <i>Check-In at Retreat Registration Table, unpack. No meal provided. You may BYO picnic supper.</i>
7:00 – 8:00	<b>Orientation</b> ( <i>important!</i> ), icebreaker fun, & ICE CREAM SOCIAL.
8:00 – 11:00	Indoor flame-free campfire & sing-along followed by board games, conversation & music making.
<b>11:00</b>	<b>Quiet time.</b>

### Saturday

7:30 – 8:30	<b>BREAKFAST</b> -- <i>Check-in at Registration Table for Saturday arrivals in DeWolfe Dining Hall</i>
8:30 – 9:30	Clean up Dining Room & Optional Campus Tour
9:30 – 10:30	<b>Activities/workshops</b> (always optional)
10:30 – 11:00	Break
11:00 – 12:00	<b>Activities/workshops</b> (always optional)
12:00 – 12:30	Break
12:30 – 1:30	<b>LUNCH</b>
1:30 – 2:00	<b>Group Photo!!</b> (outside dining hall); clean up dining hall
2:00 – 3:00	<b>Activities/workshops</b> (always optional)
3:00 – 3:15	Break
3:15 – 4:15	<b>Activities/workshops</b> (always optional)
4:15 – 5:30	Plan for Variety Show. Social Time for adults in the Dolphin Room in Quillen.
5:30 – 6:30	<b>DINNER</b>
6:30 – 7:00	Clean up dining hall & set up for Variety Show.
7:00 – 8:30	<b>Variety Show</b> – Gayla Auditorium in Rowland
8:30 – 11:00	Relax, board games, puzzles, fireside chats, more music making, star gazing, etc.
<b>11:00</b>	<b>Quiet time.</b>

### Sunday

7:30 – 8:30 a.m.	<b>BREAKFAST</b>
8:30 – 10:00	<b>Clean up &amp; Room Check-out time:</b> <i>clear out dorm rooms by 10 a.m.</i> (Check under mattresses for stray socks or toys, too!).
10:00 – 11:00	<b>Worship</b> – planned by volunteers during the weekend – in Quillen & Closing Friendship Circle.
<b>11:00 on</b>	<b>Stay on campus if you wish, as long as you've checked out of your rooms. Enjoy the beach!</b>

*\*Here's a sampling of activities . . . MORE to come. Sign up when checking in.*

- Music jamming & sing-alongs, discussion groups, nature walks, duct tape hats, campus tour, fireside chats, crafts, yoga, variety show, beach time, children's games, drumming circle, fairy houses & sand castles...
- Help plan Sunday worship, guided hike, volleyball, intergenerational activities
- OR – **design your own retreat:** walk, read, write, draw, nap, whatever speaks to your spirit.

### Directions to Ferry Beach Camp & Conference Center in Saco (Half an hour drive from Portland)

- GPS address for Ferry Beach campus is: 20 Ferry Park Avenue, Saco, Me. 04072
- Drive south on the Maine Turnpike to the Saco-Old Orchard Beach Exit – #36.
- Take the full I-95 spur (pass the toll booths, no toll) and continue straight to a five-way intersection.
- Keep the 7-11 store *to your left & continue straight* (on Temple Ave.) to the blinking red light on Route 9 (Seaside Ave.).
- Turn right at blinking light and drive 2.2 miles.
- **Note:** **DON'T** bear right at sign to Ferry Beach State Park (we are **Conference Center**, *not* the State Park)
- Look for the Ferry Beach Conference Center **sign** which will be on your right, but turn **left** onto Ferry Park Ave.
- Check in at *DeWolfe Dining Hall* – large beige-colored building on your left by the playground. Here you will get your dorm assignment and final schedule packets.

**QUESTIONS?** See your church coordinator listed on the front of this sheet!