

2020 TRI-CHURCH RETREAT – MAY 15TH, 16TH, & 17TH AT THE POLAND SPRING RESORT



OUR THEME: **BE THE CHANGE!**

What You Need to Know – Before You Arrive!



Welcome to our Tri-Church Retreat! Whether from Auburn UU, Allen Avenue, Norway UU, or an invited guest, we look forward to having you with us. Imagine: a whole weekend to celebrate who we are, our communities, and our Unitarian Universalist values together at the nearby Poland Spring Resort!

- **THIS IS A POPULAR RETREAT – RESERVATIONS ARE ON A FIRST COME, FIRST SERVED BASIS!**
We urge you to register early, as we cannot accommodate late registrations. Don't delay!
- **FRIDAY EVENING CHECK-IN, and our hotel rooms are in THE MAINE INN of the Poland Spring Resort. Saturday Check-In is also in the lobby of The Maine Inn.**

Refund note: If you must cancel we encourage you to find a replacement to cover your costs.

Important Guidelines . . .

- We will have hotel accommodations with private bathrooms: linens and towels ARE provided.
- You will receive room assignments and room keys at check-in.
- Parents are responsible for their own children except when they are in scheduled and supervised activities.
- There can be no fires, candles, or smoking in any of the buildings or on porches.
- We *cannot walk across* the golf course. A small grassy area in front of The Maine Inn is available for bocce ball. Interested golfers may arrange course use with the hotel for an additional fee.
- Personal alcoholic beverages cannot be used outside your hotel room. Alcoholic drinks may be purchased on campus in Rick's Pub, off the lobby of The Maine Inn.

What to Bring . . . a checklist, and items to note

- ___ Your own toiletries, hair dryer, medications, first aid kit, etc.
- ___ Flashlight, **camera, binoculars**; and *earplugs* if you are a light sleeper and have a roommate.
- ___ *Snacks to share* for Friday evening, if you wish. You must keep alcohol in your own room.
- ___ Warm, layered clothing, extra shoes, and rain gear, just in case.
- ___ *An act for the Variety Show – 3 minutes or less!* Only one act per person or per group.
- ___ Musical instruments, **board games**, small jigsaw puzzles, a good book.

Re Meals . . .

- **You may purchase the Friday night buffet in The Maine Inn (this option is on your Registration Form), or eat elsewhere on your own. All other meals are included, in accordance with your registration.**
- Expect a variety of 'down home' food. The chef *accommodates common allergy requests*. Folks concerned that their needs won't be met may bring food from home in personal coolers.

What to expect . . . This is a collaborative event! *Retreaters* are asked to assist with clean-up tasks as they are able. Children are encouraged to join adults to help keep common areas neat and clean. This is one way we build community.

- If you have special needs or questions about anything, **please contact your church coordinator:**
Allen Avenue: → Carol Hayden – call 854-2112 or email cdhayhall@maine.rr.com
Auburn UU: → Anne Kinney – call 782-7497 or email akinneyuu@gmail.com
Norway UU: → Dorothy Raymond – call 577-8665 or email dfraymond@yahoo.com

All activities are optional! Come, relax, & savor the essence of our Tri-Church Retreat & our church families.

MAY 15TH, 16TH, & 17TH TRI-CHURCH RETREAT

Tentative Schedule & Directions to the Poland Spring Resort

Friday May 15th

- 3:30 pm on **Check-in, Maine Inn lobby**, register, get room key, unpack
Get campus info; visit on porch or in lobby
- 4:00 – 5:00 **Happy Hour** cash bar in Rick's Pub for adults
- 5:00 – 7:30 **Dinner on your own** in Poland Spring's Maine Inn (\$14.95 buffet), or at Cyndi's Dockside Restaurant off campus, or other locale of your choice
Games: outdoor shuffleboard, horseshoes, corn hole toss, etc.
Porch rocking
- 8:00 – 10:00 **Icebreaker fun, orientation, in-gathering** in Dining Room
Sing-Along, board games, and conversation
- 8:00 – 10:00 **Poland Spring Resort offers music** in The Maine Inn lobby
- 11:00 pm on **Quiet time on campus**

Saturday May 16th

- 8:00 – 9:00 **BREAKFAST** in Maine Inn Dining Room (with other hotel guests)
Check-in for Saturday arrivals in Maine Inn lobby
- 9:30 – 11:15 **Activities/workshops** (optional)
- 11:30 **GROUP PHOTO at MAINE INN**
- 12:00 – 1:00 **LUNCH Buffet** in Maine Inn Dining Room (exclusive to our retreat)
- 2:00 – 4:00 + **Activities/workshops** (optional)
Option to visit Poland Spring Museums on campus:
• Poland Spring Bottling Plant & Museum and the Maine State Museum
Explore the campus, including hiking trails
- 4:00 – 5:00 **Adult Social Time** in Rick's Pub
Be the Change discussion on porch
Poland Spring Scavenger Hunt for kids and youth
- 5:00 – 6:30 **DINNER Buffet** in Maine Inn (with other hotel guests)
- 7:30 – 9:00 **Variety Show** in Dining Room
- 9:00 – 11:00 **Music jamming &/or games** in Dining Room & lobby
- 11:00 pm on **Quiet time on campus**

Sunday May 17th

- 8:00 – 9:00 **BREAKFAST** (with other hotel guests)
- 9:00 – 10:00 **Clear out your room**
➔ **Future of the Retreat or Do We End?** discussion in lobby
- 10:30 – 11:30 **Worship & Closing** in All Souls Chapel

**Here's a sampling of optional activities . . . MORE to come!*

- Music jamming, singing, discussions, nature walk, porch chats, card-making, variety show, children's activities, game & movie rooms, library, pick-up choir, photography, worship, and tours of Maine museums on campus
- **OR – design your own retreat:** walk, read, write, draw, golf, nap.... whatever calls to your own spirit

Directions to Poland Spring Resort

- **GPS address:** The Maine Inn, 22 Robbins Way, Poland, or 640 Maine Street, Poland.
- The Poland Spring Resort is located off Route 26
 - from the Norway area it is 4 ½ miles south of the intersection of Route 11 – on your left.
 - from the Portland area the resort is about 11 miles north of Gray center (where Routes 100, 115, and 202 intersect with Route 26), on your right.
 - from the Auburn/Lewiston area, the easiest route is via the Route 122 extension of Hotel Road in Auburn to Route 26. Turn right onto Route 26 and drive 1 mile to the Poland Spring Resort, which will be on your right.